




# Sawasdee Thailand Summer Program 2021

1<sup>st</sup> – 14<sup>th</sup> July 2021

Note: recorded chapters will be available 2 days before on-air dates.

Date	Time GMT +7 Indochina Time (Thailand)	Time GMT + 8 (Singapore, Malaysia, Taiwan, Hong Kong, Central Indonesia Time)	Time GMT + 1 Central European Time (Hungary)	Topics	hours
1 <sup>st</sup> July 2021 (Thursday)	15.00 – 16.30	16.00 – 17.30	9.00 – 10.30	Opening Ceremony Introduction to Mahidol University and Sawasdee Thailand Summer Program	1.5
2nd July 2021 (Friday)	Recorded Chapter			Course 1: Introduction to Thailand and Thai Culture 	1
	15.00 – 17.00	16.00 – 18.00	9.00 – 11.00	[LIVE] Introduction to Thailand and Thai Culture	2
Weekend					
5 <sup>th</sup> July 2021 (Monday)	Recorded Chapter			Course 2: Everyday Thai Language Skills	1
	15.00 – 17.00	16.00 – 18.00	9.00 – 11.00	[LIVE] Everyday Thai Language Skills	2
	Recorded Chapter			Course 3: Ethnic and Multicultural Relations	0.5
	15.00 – 17.00	16.00 – 18.00	9.00 – 11.00	[LIVE] Course 4: Superstition and folklore of Thai People	2
7 <sup>th</sup> July 2021	Recorded Chapter			Course 5: Thai Herbs and Traditional Medical Wisdoms	0.5

(Wednesday)	Recorded Chapter			Course 6: Eco-tourism Management Virtual Visit	1
	15.00 - 16.00	16.00 – 17.00	9.00 – 11.00	Live Session Conducted by Culture-based Business	1.5
8 <sup>th</sup> July 2021 (Thursday)	Recorded Chapter			Course 7: Introduction to Thai Food 	0.5
	Recorded Chapter			Course 8: Local Thai Food: from The North to The South	1
	Recorded Chapter			Course 9: Thai Royal Cuisine	
	15.00 – 16.30	16.00 – 17.30	9.00 – 10.30	[LIVE] Cooking Class Workshop	1.5
9 <sup>th</sup> July 2021 (Friday)	Recorded Chapter			Course 10: Thai Massage: Unlock the Secret of Healing Power	1
	15.00 – 16.30	16.00 – 17.30	9.00 – 10.30	[LIVE] Thai Boxing	1
Weekend					
12 <sup>th</sup> July 2021 (Monday)	Recorded Chapter			Course 11: Urban Culture and Digital Culture in Thailand	1
	Recorded Chapter			Bangkok Old Town Virtual Visit	1
	15.00 – 17.00	16.00 – 18.00	9.00 – 11.00	[LIVE] Course 12: Thai Culture and Society through Ent’ Media	2
13 <sup>th</sup> July 2021 (Tuesday)	Recorded Chapter			Course 13: National textiles and traditional Dress	1
	Recorded Chapter			Course 14 Thai Dancing (Lecture and Demonstration)	0.5
	15.00 – 16.00	16.00 – 17.00	9.00 – 11.00	[LIVE] Thai Dancing Workshop 	1

14 <sup>th</sup> July 2021 (Wednesday)	Recorded Chapter			Course 15: Self-Awareness and Self Esteem + Intrapersonal Communication	0.5
	15.00 – 17.00	16.00 – 18.00	9.00 – 11.00	[LIVE] Program Wrap-up and Reflection Group Presentation	2